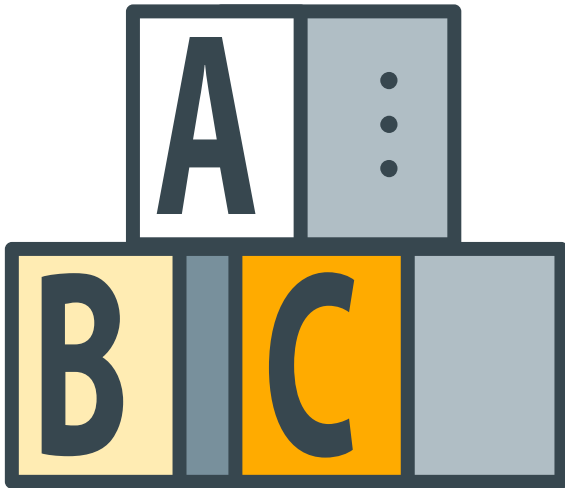


THE ABC'S OF BEHAVIOUR



THE SOCIAL CONNECT MODEL



HOW DO I BEGIN?

Understanding your child's aggressive behaviour will help you to change the behaviour. You can do this by identifying the ABC's of behaviour: Antecedent, Behaviour, Consequence

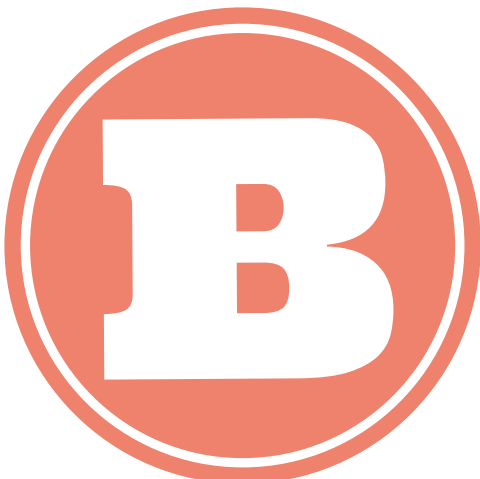
A IS FOR ANTECEDENT

An antecedent is what happened before the behaviour. This is what triggered the behaviour. You may have to list everything that happened beforehand to figure out possible triggers



B IS FOR BEHAVIOUR

-The behaviour is the child's response to the trigger. What kind of aggressive behaviour are you seeing? Assertive aggression, open aggression or passive aggression?



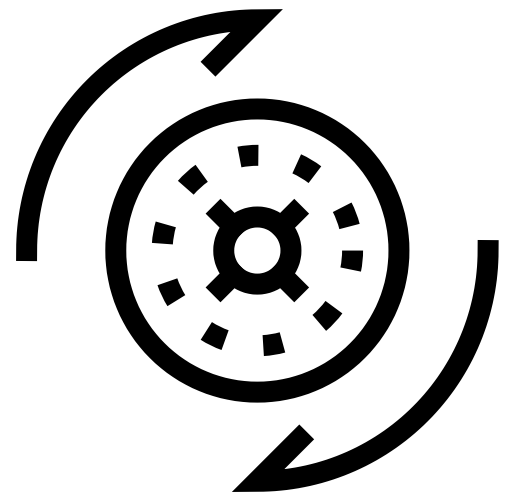


C IS FOR CONSEQUENCES

The consequence is what happens immediately following the behaviour. This could be the child getting to avoid an activity, gain a material item or gain attention.

CHANGE

By changing the triggers or the rewards you can work on changing the behaviour



CAUTION!



There is a huge difference between general aggressive behaviour and challenging behavior which results from the child experiencing a meltdown. Meltdowns will not be halted by changing the consequence. They are trigger dependent.